



“I finally feel academically  
and mentally confident to  
live the life that I want”

– Evelyn, 18 years old

**[student.kooth.com/jami](https://student.kooth.com/jami)**

Free, safe and anonymous online  
counselling and support for students

- Jami’s online mental wellbeing community, created just for students
- Talk to us free of charge, 365 days a year
- Private one to one support via message or live chat with our online counselling team
- Discussion boards and live forums with our friendly Jami Kooth community, 24/7
- Helpful articles, personal experiences, advice and tips from young people and our experts

**Visit [student.kooth.com/jami](https://student.kooth.com/jami)**

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The Mental Health Service for our Community

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